

Present simple tense

Every day, always, never

Usually, often, sometimes

+ I wash every day.

She washes every day.

? Do I wash every day?

Does she wash every day?

- I don't wash every day.

She doesn't wash every day.

Present continuous tense

Now, today, at the moment

+ I am washing.

She is washing.

They are washing.

? Am I washing.

Is she washing.

Are they washing.

- I am not washing.

She isn't washing.

They aren't washing.