

#### Start

18 men – YMCA gymnasium SPRINGFIELD

Dr. James Naismith - Creator

## About

- 5 Players (men, women)
- Outdoor, Indoor
- US court: 28.5m long

16.5m wide

Backboards – metal hoop (3.048m)

4 Quarters:

10 min (international)

12 min (NBA)

Breaks

15 min (half time)

2 min (timeout)

5 min (overtime periods)



## Control

- Referee
- 1 or 2 umpires
- Table officials:

Time keeping

Shoot clock

Teams scoring

Player sunstituation



## Leagues

- Europe FIBA
- America NBA

Higher basket

Further three point line



## Positions

Playmaker

Organises the play

Fast foward

Counter strikes

Back foward

Hard positions

Center assist

Center

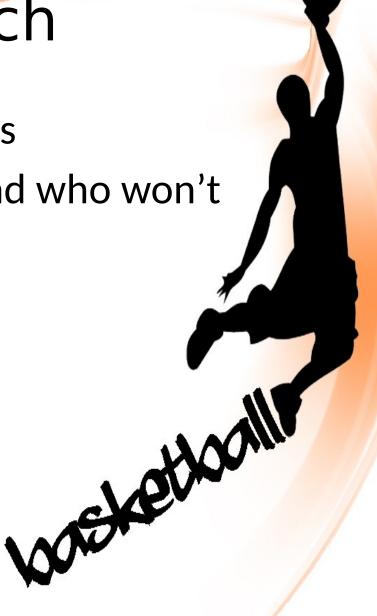
Under basket Strong



#### Coach

Explains tactits to players

Decides who will play and who won't



## Rules

Lead ball with one hand
If stops – pass or shoot

- Three steps
- Out
- 5 personal fouls



# Scoring

- Freethrow (1 point)
- In or out of rocket (2 points)
- From three point line (3 points)

