

The truth about

# Chocolate



Chocolate is extracted from the beans of the cocoa plant

Beans are a vegetable



# Sugar is extracted from sugar beat

The Sugar beat is a vegetable





- Therefore chocolate is a vegetable

Let's spin the theory further:



Chocolate bars contain milk

Therefore chocolate bars  
are healthy!!!



Raisins, cherries, orange peels  
and strawberries are in chocolate



They belong to the fruit family, so  
eat as much as you like





Chocolate is good for stress

Just think :



**"STRESSED"**  
read backwards means:

**"DESSERTS"**

But don't risk,  
accept if you want to be ...



*... fat*

*“and end up like  
this”*