

HANDOUT

Drug addiction

What is an addiction?

- psychological dependence
- compulsive need for a drug (craving)
- drug tolerance (need for increased amounts)
- no power to stop taking drugs
- important social activities are given up

What are drugs:

- substances which have an psychedelic or narcotic effect
- they are prohibited by law
- drugs with narcotic effects (cocaine, cannabis, heroin, opium)
- drugs with psychedelic effects (Meth, ecstasy, LSD)

A real life story:

- Vancouver – the drug city

Why are they so tempting?

- pleasurable and relaxing effect
- relieving tension
- euphoric effect
- opportunity to escape reality

Causes of addiction:

- fun
- enjoyment
- curiosity
- to get rid of stress, family problems, miseries, failures, tension
- heighten sexual experience
- lack of parental care and control
- religious approvals

Bad effects of drug addiction:

- health problems
- poverty
- law violation
- reduction in economic production
- alienation

Measures to control addiction:

- de-addiction and rehabilitation programs
- psychotherapy

Drug addiction among students

- questionnaire

Sources:

http://en.wikipedia.org/wiki/Substance_dependence

<http://www.drugaddiction.net/>

<http://www.drugabuse.gov/publications/infofacts/understanding-drug-abuse-addiction>

<http://video.nationalgeographic.com/video/national-geographic-channel/shows/drugs-inc/ngc-heroin-city/>