

# The food waste scandal

## WHAT IS FOOD WASTE

- ❖ Food waste is food material that is discarded or unable to be used from supermarkets, kitchens and restaurant.

## FACTS

- FRUIT 1 - 20 to 40 percents of UK fruits and vegetables are rejected even before they reach the shops
- FRUIT 2-mostly because they do not match the supermarkets strict cosmetic standards - WE CALL THEM: UGLY FRUITS
- FRUIT 3 - (this ugly fruit its 30-50 percent cheaper than the perfect one. many "ugly" fruits and veggies are still perfectly delicious).
- WATER 1- The average American family of four uses 400 gallons of water per day

WATER 2 - an average person uses 182 litres of water per

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|----|--------------------------------|
| 1. | 42 l for bathing and showering |
| 2. | 39 l for toilets               |
| 3. | 7 l for cooking and drinking   |

WATER 3 - Running the tap while brushing your teeth can waste 4 gallons of water.

WATER 4- A garden hose or sprinkler can use as much water in an hour as an average family of four uses in one day

- MEAT 1- less meat is wasted compared to fruits and vegetables
- MEAT 2 We are eating twice as much meat as we did in the 1950's (to that effect also genetically changed animals)
- MEAT 3- Households are wasting around 570,000 tonnes of fresh meat each year, with a value of £1,300 million, and nearly half of it could be used. Research tell us, that's about 50 million chickens, 1.5 million pigs and 100,000 beef cattle
- FISH - 2,3 mil . tonnes of fish are thrown away in the sea each year, – either because they are the wrong species, shape, or because of wrong size
- HUNGER 1-There are nearly one billion underfed people in the world, but around 40 million tonnes of food is wasted each year. That MUCH OF FOOD will be enough to satisfy the hunger of every one of them.

HUNGER 2- The UK, US and Europe produce nearly twice as much food as is required by the nutritional needs of their populations. YET (slika) are STARVING/HUNGRY

## FOOD WASTE

- Americans throw away about \$124 billion in uneaten food each year.
- on average we waste 20 pounds of food per person in 1 month, which is 110kg of food a year

## HOW TO WASTE LESS FOOD

- ♥ 1.- Only buy what you need.
- ♥ 2.- Make a grocery list (in that case you will only buy what is on list) - or you can download the app
- ♥ 3.- Buy organic milk instead of regular: It lasts a whole lot longer. ( organic milk is antibiotic- and hormone-free)
- ♥ If you can't clean your plate, give the food to the dog.
- ♥ Always save your leftovers in plastic box and put them in a fridge or you can freeze them

## PROJECTS AGAINST FOOD WASTE

- [Love Food, Hate Waste](#) (*United Kingdom*) – This program teaches consumers about food waste and offers them helpful [recipes](#) to make food that doesn't go to waste.

- TRISTRAM STUART (Tristram Stuart is a UK campaigner who wants to reduce the environmental impact of Food Waste around the world )



[Feeding the 5000](#) (*United Kingdom/International*) – [Tristram Stuart's](#) organizing the world to prevent UGLY " fruits, vegetables, from being wasted. Volunteers collect ugly fruits and vegetables and then sell this food in events. The money goes to charity.