

## The problem of our society:

1. Whore, gay, pussy, unworth living, go to hell, asshole, jerk, blonde, dumbass, bitch, stupid, go kill yourself, worthless, ugly, nerd, fag, dick, slut, nigger, sissy, skank, fatass, easy, retard, homo....

This words are used among us every day. They have been created to name something or someone. Maybe the word by it self wasn't meant to be offensive (like blonde for example), but with a time it become that in surten circumstances.

1. Before I begin, I would like to ask you for a cooperation. This is what I want you to do:  
Take a sheet of a paper, and write two things:

- THE WORST WORD YOU'VE BEEN CALLED
- ONE THING THAT ALWAYS MAKES YOU SMILE

1. We, by that i mean people, have made some rules, or lines. I will call it lines of norms. Everything that's not in the line, that's different, is wrong, bad, not normal, and shold be aware off. That line has been izdelovana, for all the time of our existence. And it has been made on and by the basics of the most peoples thinking, bahaviour.
2. People are judged by the colour, sex orientation, looks, style, religion, family, hight, weight. People are judging everyone, and everything they don't like, don't undarstand, everything they find different, unusual, weird. It's like different is wrong. We judge things we don't know. Less we know, more judgemets we make. Look around you, adn ask yourself, how many people in this class you actually know. How many? It's sad isn't it?!
3. • **Physical** – hitting, kicking, pinching, punching, scratching, spitting or any other form of physical attack. Damage to or taking someone else's belongings may also constitute as physical bullying.

• **Verbal** – name calling, insulting, making racist, sexist or homophobic jokes, remarks or teasing, using sexually suggestive or abusive language, offensive remarks

• **Indirect** – spreading nasty stories about someone, exclusion from social groups, being made the subject of malicious rumours, sending abusive mail, and email and text messages (cyber bullying).

• **Cyber Bullying** - any type of bullying that is carried out by electronic medium. There are 7 types including:

### Bullying facts:

- 71% of students report incidents of bullying as a problem at their school
- 1 out of 7 Students is either a bully or a victim of bullying
- Bullying is the most common form of violence in our society
- At least 20 children each year commit suicide because they are being bullied
- 2 out of 5 teens feel that they are bullied because of the way that they look.
- 9 out of 10 LGBT youth reported being verbally harassed at school in the past year because of their sexual orientation.
- 1 in 4 teachers see nothing wrong with bullying .
- One out of 10 students drop out of school because they are bullied.
- 57% of students who experience harassment in school never report the incident to the school. 10% of those who do not report stay quiet because they do not believe that teachers or staff can do anything

RAISE YOUR HAND IF:

1. You have ever been bullied
2. You have ever felt alone
3. Sometimes you still do
4. You have ever been called any of those names that I said at the beginning
5. You have ever used any of those names

Now I would like every one to read what you have written on your paper.

This is Jonah Mowry, he has made a video on youtube, so let's take a look.

1. Jonah Mowry: "What's going on..."  
<http://www.youtube.com/watch?v=TdkNn3Ei-Lg>

Now I have an idea, what we could do, to make the better day:

1. Gorgeous, awesome, fantastic, cute, sexy, nice, pretty, happy, smart, genius, sporty, the best, friend, funny, great, outstanding, fabulous, sweet, beautiful....
2. keep the smile