# **SLOVENE FOOD**

### INFLUENCES OF NEIGHBOURS

#### • Austria (klobasa, jabolčni štrudl, Dunajski zrezek)







#### Italy (njoki, rižota)





### INFLUENCES OF NEIGHBOURS

#### Hungary (golaž, paprikaš)





#### Balkan (burek, čevapi)





### SLOVENIAN CUISINE IS

- Simple and plain,
- heavy (the use of animal fat dominates a lot),
- caloric (it includes flour-based dishes, pork, beans, potatoes, cream, butter and eggs)



### MEAT

#### • Favourite: pork

- Koline: the pig was slaughtered and meat prepared into:
  - krvavice





Kranjske klobase

želodec





### MEAT

#### • Kraški pršut





### FISH

- Oried stockfish
- prepared by pounding the fish till it is tender then adding olive oil and garlic



## ŽGANCI

- 1. Buckwheat flour is poured into boiling salted water
- 2. After a while the lump of flour is pierced with the wooden spoon. This allows the steam to escape and the water to boil over the flour.
- 3. Twenty minutes later, some water is poured off and the flour mixed with water
- Served with ocvirki





### POLENTA

#### • Corn meal dish



### SOUPS

- A new entrant
- Meat soups (beef or chicken)



#### • Golaž and bograč



#### • Potica (pastry filled with walnuts or poppy seed)





- Oibanica
  - Prekmurska (filled with four kinds of stuffing: poppy seed, ricotta cheese, walnut and apple stuffing, several layers)







#### Štruklji (dumpings filled with fruit, jam or cottage cheese)



#### Krof



#### OBlejska kremšnita



### DRINKS

Žganje (brandy made from fruit)











#### • Beer



#### Offee



### THANKS FOR LISTENING

- <u>http://www.youtube.com/watch?v=GvC-I35yg</u>
- (i don't know what this touching music has to do with the slovenian cuisine)