Volleyball

History



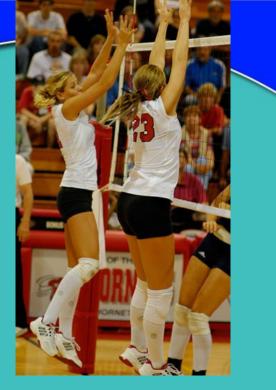
The game of volleyball, originally called "mintonette", was invented in 1895 by William G. Morgan.

Morgan, a graduate of the Springfield College of the YMCA, designed the game to be a combination of basketball, baseball, tennis and handball.



Volleyball basics

- Is an Olympic sport
- Two teams



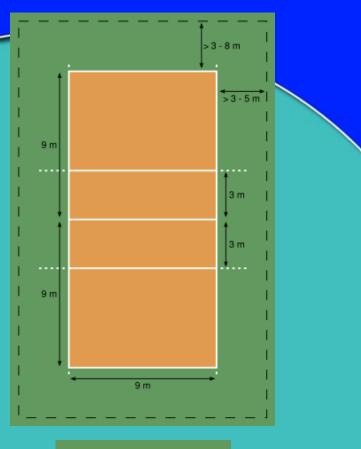
- Three hits to get the ball over the net
- A point is scored if the ball hits the ground

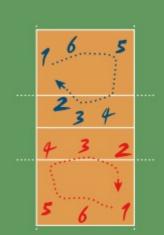


Rules/

The game is played on volleyball courts 18 meters long and 9 meters wide, divided into two 9 x 9 meter "team courts"
Net hight: Men – 243cm Women – 224cm

3 metre" line divides the court into "back row" and "front row" areas
After a team gains the serve, its members must rotate in clockwise direction







Positions 6 position Players Clockwise Positions counterclockwise





Game play

- Each of the two teams consists of six players
- To/get play started one team must serve
- The opposing team must use a combination of no more than three contacts
- Offensive team atacks with hiting the ball over the net
- Defensive team defend their self with block



Errors and faults

- Ball of court
- Ball touched more then three times
- One player touched the ball twice in a row
 A back-row player hits the ball over the net in a front row



Scoring

- The game is played until one team scores 25 points.
- Teams plays on two points difference when the score is 25
 - Team wins the game when they have wind 3 sets



Serve -Underhand and Overhand Serve -Jump Serve -Floater -Spin Serve -Round-House Serve



Set There are Many different sets: -Max -Nørmal -Alma -Penal -End different crosses(Swedish,Russian,...)



Strategy

Every player is specialized , there are many different formations:

- 4-2 6-2 5-1 6-0



Players -Attacker -Setter -Libero -Blocker -Corrector

Variations

Beach volleyball
 Indoor sand volleyball
 Sitting volleyball
 Nine-man volleyball





Sources

ht/p://sl.wikipedia.org/wiki/volleyball

http://volleyball.about.com/

<u> http://www.volleyballmag.com/</u>